



Fallbrook YMCA Indoor Pool Schedule

Effective April 27 - May 17

REC/OPEN SWIM
 YMCA PROGRAMMING
 GROUP EXERCISE CLASS
 LAP SWIM

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00AM						CLOSED	
6:00AM	REC/OPEN SWIM 5:00AM to 5:00PM	REC/OPEN SWIM 5:00AM to 8:30PM	REC/OPEN SWIM 5:00AM to 5:00PM	REC/OPEN SWIM 5:00AM to 8:30PM	REC/OPEN SWIM 5:00AM to 8:30PM		
7:00AM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM		
8:00AM							
9:00AM							
10:00AM							
11:00AM							
12:00PM							
1:00PM	REC/OPEN SWIM 5:00AM to 5:00PM	REC/OPEN SWIM 5:00AM to 8:30PM	REC/OPEN SWIM 5:00AM to 5:00PM	REC/OPEN SWIM 5:00AM to 8:30PM	REC/OPEN SWIM 5:00AM to 8:30PM	REC/OPEN SWIM 7:00AM to 5:30PM	REC/OPEN SWIM 8:00AM to 5:30PM
2:00PM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
3:00PM							
4:00PM							
5:00PM	SWIM LESSONS 4:30 to 7:00PM MAY BE REDUCED TO 1-2 LAP LANES DURING SWIM LESSONS		SWIM LESSONS 4:30 to 7:00PM MAY BE REDUCED TO 1-2 LAP LANES DURING SWIM LESSONS				
6:00PM	WATERFIT SHALLOW 5:40 to 6:30PM 1-2 LANES		WATERFIT SHALLOW 5:40 to 6:30PM 1-2 LANES		BOGA FIT 6:00 - 6:50PM 2 LANES		
7:00PM						POOL CLOSES AT 5:30PM SATURDAY AND SUNDAY	
8:00PM							

POOL CLOSES AT 8:30PM MONDAY-FRIDAY

THINGS TO KNOW

- Click [here](#) for Indoor Pool Guidelines.
- **YMCA Youth Policy** applies. In all cases, youth must be 9 years or older to be in any YMCA facility without a guardian. Please review all other Youth Policies for facility access.
- Members of all ages are welcome during recreational swim times.
- All schedules are subject to change. The YMCA reserves the right to schedule, programs, rentals, and special events, and will make every effort to notify members of any schedule changes.
- Safety Checks will be performed on weekends from 12:00pm-5:00pm, Out of School Days, and during times of increased patron load. Safety Checks are 10 minute intervals that take place at the end of the hour.

UPCOMING YMCA PROGRAMS:

Morning Lessons
 May 26 - June 4 | June 8 - 18
 Monday - Thursday | 9:00am - 10:30am

Evening Lessons
 April 27 - May 17 | May 27 - June 14
 Monday & Wednesday | 4:30pm - 7:00pm